

Family Caregivers May Receive Up To \$600

Dutchess, **Putnam**, and **Westchester County residents** -- Are you a caregiver for a relative or friend who has a disability or chronic condition and is over the age of 60? Or are you yourself over the age of 60 and caring for a child that is not your own? Learn how to apply for up to \$600 in reimbursement for respite services.

The New York State Caregiving and Respite Coalition, managed by Lifespan of Rochester, Inc., is offering respite vouchers for up to \$600. Caregivers may use the voucher for respite services that include:

- An in-home program
- A center-based program
- Assisted living or nursing home programs
- Summer camp

While NYSCRC supports caregivers statewide, this particular program is for Dutchess, Putnam, and Westchester County residents only. You must be the primary caregiver and provide a referral — a doctor, social worker, or other professional who knows you and your family. You cannot be in another respite program.

You may not use voucher funds to reimburse household expenses, like rent or food. Funds cannot be used so the applicant can go to work. Vouchers are good for 90 days.

For more information about NYSCRC and its programs, or to apply for a respite voucher, contact Rebecca at (585) 287-6391 or send an email to rhyde@lifespan-roch.org.



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